

MY ASPIRE WATERMANS COACHING GUIDE

10 THINGS I DO AS AN ASPIRE COACH.....

1. Smile & look every person in the eyes. All WYC staff, members, our coaching team and kids! (show your aloha)
2. Ask, use and learn names as well as individual's capabilities to ensure their safety, enjoyment and positive progression. Always demonstration our three pillars in all actions! I WILL BE SAFE, HAVE FUN & LEARN!
3. Check in on coaching log, read all information and be prepared to start coaching knowing the details of next activity. Communicate with director times available with notice and be on time.
4. If you don't know all details ASK!!!!!! Knowing the session, prepare mentally for safety, what could possibly happen, have modifications in mind and if necessary discuss with director.
5. Communicate with our team, all WYC staff & members, Instruct, coach and correct with positive words and thoughts..... "dodo's" (be congruent)
6. Know what equipment we have, where it goes and how to use and store it safely. Ikaika Spin each area on leaving.
7. Report any incidence with either kids, or equipment of any kind to program director and write equipment needs in equipment log and coaching report in coaching log. (new)
8. Know, & live the ASPIRE philosophy. Look for and acknowledge ASPIRE actions in each person you teach in each session and enjoy making a positive difference in others lives.
9. Always show a united, knowledgeable, cohesive coaching team and if any concerns see program director.
10. Know the type of coach you want to be, your personal goals and mantra. Be the coach you'd want to be coached by at all times.